

• SOUP •

Chicken Noodle Soup 

Tomato Soup 

Vegetable Soup 

• SALAD •

Crudite Plate

Assorted Raw Vegetables

Fresh Fruit & Cottage Cheese Plate

Seasonal fruit, cottage cheese & crackers

Cole Slaw

• DELI •

Turkey Club

Roasted Turkey Breast, Crisp Bacon, Letuce,
Tomato, and Mayonnaise, Served on Your
Choice of Bread

Tuna Salad Sandwich

Tuna Salad with Lettuce and Tomato, Served
on Your Choice of Bread

Grilled Cheese 

Choice of American or provolone, Grilled on Your Choice of Bread

• ENTREE •

Cheeseburger

Topped with your Choice of Cheese
Including: Cheddar, American, Swiss or
Crumbled Blue Cheese, Served on a
Hamburger Bun

Veggie Burger 

Topped with Lettuce and Tomato on a
Hamburger Bun

Grilled Chicken Sandwich

Chicken Breast with Choice of Herb
Marinated or Barbeque, Served on a
Hamburger Bun

Hot dog

Served with Chopped Red Onions and
Tomatoes

Beef Tenderloin Steak

Ask Your server for Additional Incline Charge Amount

*Belgian Waffles with Berries and
Whipped Cream* 

Cheese Omelet with Fresh Fruit &

Cream of Broccoli Soup

Creamy Soup with Broccoli Pieces, Sauteed Onions and Celery, Tabasco Sauce and Spices

Cal 170

Serv Size: 8 oz Ladle (297g) • Fat cal 80 • Total fat 9g • Sat fat 4g • Trans fat 0g
Cholest 10mg • Sodium 390mg • Total carb 18g • Fiber 2g • Sugars 6g • Protein 6g

Contains milk, fish, wheat, soy, gluten

Marinated Vegetable Salad

Marinated Artichokes, Mushrooms, Carrots and Zucchini

V Cal 50

Serv Size: 1/4 Cup (50g) • Fat cal 40 • Total fat 4.5g • Sat fat 0g • Trans fat 0g
Cholest 0mg • Sodium 70mg • Total carb 3g • Fiber 1g • Sugars 1g • Protein 1g

Corned Beef

Tender Corned Beef

Cal 170

Serv Size: 3 oz (85g) • Fat cal 110 • Total fat 13g • Sat fat 4g • Trans fat 0g
Cholest 45mg • Sodium 1040mg • Total carb 0g • Fiber 0g • Sugars 0g • Protein 13g

Eggplant Parmesan

Breaded Eggplant Topped with Mozzarella and Parmesan Cheeses and Italian Marinara

V Cal 260

Serv Size: 2 Slices+1oz LDL+1oz (177g) • Fat cal 140 • Total fat 16g • Sat fat 6g • Trans fat 0g
Cholest 75mg • Sodium 1000mg • Total carb 21g • Fiber 3g • Sugars 5g • Protein 11g

Braised Cabbage

Sliced Red Cabbage Slow Cooked with Onions and Apples in Brown Sugar and Vinegar

V Cal 90

Serv Size: 4 oz Spoodle (110g) • Fat cal 10 • Total fat 1g • Sat fat 0g • Trans fat 0g
Cholest 0mg • Sodium 100mg • Total carb 20g • Fiber 2g • Sugars 16g • Protein 1g

Contains milk, soy

Parsley Boiled Potatoes

Steamed Quartered Red Potatoes Tossed with Fresh Minced Parsley

V Cal 100

Serv Size: 3 oz (85g) • Fat cal 35 • Total fat 4g • Sat fat 2g • Trans fat 0g
Cholest 0mg • Sodium 110mg • Total carb 16g • Fiber 1g • Sugars < 1g • Protein 2g

Steamed Fresh Baby Carrots

VG Cal 40

Serv Size: 4 oz (113g) • Fat cal 0 • Total fat 0g • Sat fat 0g • Trans fat 0g

Cholest 0mg • Sodium 90mg • Total carb 9g • Fiber 3g • Sugars 5g • Protein 1g